

VY TRAN
PLATA, MD

PATIENT-CENTERED

I believe everyone deserves the opportunity to achieve optimal health and live their fullest potential. My mission is to provide accessible, holistic, and high-quality care that empowers individuals on their health journey. I am dedicated to healing and building resilience through partnership, one patient at a time.

PROFESSIONALISM

I have consistently received positive feedback for exceptional communication skills, including notable recognition for “outstanding professionalism and effective interdisciplinary communication with nursing and floor staff,” highlighting my ability to excel in collaborative and professional settings.

LANGUAGES

Spanish (Fluent)
Vietnamese (Native)

CONTACT

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(650) 276 – 9132

PROFILE

Service-oriented and versatile internal medicine physician fluent in three languages, and well-trained in diverse clinical settings. Demonstrates a strong record in leadership, excellent interpersonal skills, and comprehensive clinical care. Committed to providing high-quality, cost-effective, and evidence-based medicine. Additional expertise in HIV care, panel management, quality improvement, and Point of Care Ultrasound (POCUS). Eager to share knowledge, learn, and grow with the team. Flexible and open to relocation.

EDUCATION

YALE INTERNAL MEDICINE PRIMARY CARE RESIDENCY 06/2022-06/2025
CED Clinician Educator Distinction
AAHIVS HIV Training Track
POCUS Point of Care Ultrasound Superuser Track

UNIVERSITY OF MICHIGAN MEDICAL SCHOOL 07/2018-05/2022
MD Foundation in Diagnostics and Therapeutics
Medical Humanities Pathway

STANFORD UNIVERSITY SCHOOL OF MEDICINE 09/2015-04/2018
MS Community Health and Prevention Research (CHPR)

CENTRO DE INVESTIGACIÓN Y DE ESTUDIOS AVANZADOS DEL INSTITUTO POLITÉCNICO NACIONAL (CINVESTAV-IPN) MÉRIDA, YUCATÁN (MÉXICO)
Fulbright Research Scholar 07/2016-07/2017

STANFORD UNIVERSITY 09/2011-06/2016
Focus: Innovation, Creativity and Change in Healthcare Leadership
BA Human Biology with Honors
QuestBridge National Match Scholar

BOARD CERTIFICATIONS	DATE/EXPECTED
Obesity Medicine	10/2025
American Board of Internal Medicine (ABIM)	08/2025
American Academy in HIV Medicine (AAHIVM)	10/2024
Adult Cardiac and Life Support (ACLS)	05/2024
Certified Medical Interpreter in Spanish and Vietnamese	2013 2024

MEDICINE-RELATED EXPERIENCES

Hospitalist Moonlighting

2024-Present

Northeast Medical Group / Yale New Haven Health

Conducted comprehensive admissions, including history, physical exams, and full patient workups

Managed 7-14 patients on hospital floors and 5-9 patients per SDU and ICU shifts

Triaged patients, developed care plans, and delivered anticipatory guidance.

Clinician Volunteer

2022-Present

Cornell Scott-Hill Health Center Street Medicine Program, New Haven, CT

Provided medical care for unhoused residents of New Haven, West Haven, and Milford

Specialized in HIV care, PrEP, substance use, and motivational interviewing

Lead Spanish Medical Interpreter/Clinical Volunteer

10/2018-05/2022

University of Michigan Medical School, Ann Arbor, MI

Interpreted for Spanish-speaking patients and families since 2013

Enhanced patient care by bridging language barriers and providing cultural context

Assessed medical history, presented treatment plans, and documented in EMR

Received the Michigan Medicine Alumni Society Service Scholar Award (2021), chosen from 170 peers

Certified Spanish & Vietnamese Medical Interpreter

01/2012-07/2016

Santa Clara Valley Medical Center (SCVMC), San Jose, CA

Volunteered over 1300 hours alongside Emergency Department (ED) physicians

Interpreted medical cases, procured equipment, performed comfort rounds to enhance care

Revamped recruitment and quadrupled the number of medical interpreters for the program

TEACHING

Clinician Educator

2023-Present

Yale School of Medicine / Yale New Haven Health

Taught medical students (years 1-4) on clinical concepts and Point of Care Ultrasound (POCUS)

Taught Internal Medicine interns how to integrate POCUS into clinical decision-making

Internal Medicine Content Expert & Medical Spanish Teaching Assistant

11/2020-05/2022

University of Michigan Medical School

Delivered engaging and impactful medical content in Spanish to medical students

Contextualized and humanized medical education by engaging with students' experiences and vignettes

Fostered active learning in a challenging yet inclusive environment for diverse learners

Medical School Tutor

08/2021-05/2022

University of Michigan Medical School (UMMS), Ann Arbor, MI

Developed and launched a tutoring website for the University of Michigan Medical School, including tutor bios, intake forms, and feedback mechanisms.

Provided one-on-one and group tutoring for first- and second-year students, fostering strong connections and ongoing support

Awarded the Learner Wellbeing Grant (2021).

RESEARCH

Research Co-Lead

12/2023-Present

Yale Center for Infectious Disease, HIV Training Track

Implemented quality improvement project which increase statin use among patients with HIV by 68%

Coordinated with a research team of 5 residents

Abstract accepted to SIGM New England Regional conference

Research Lead

01/2022-05/2022

National Institutes of Health (NIH)/UMMS, Ann Arbor, MI

Led a team of 3 medical students in conducting a comprehensive needs assessment on mentorship access

Collaborated with a learning specialist and Dean Erin McKean to integrate resources on counseling, peer support, DEI, and first-gen mentorship into a unified platform

Awarded the Capstone for Impact Grant (2021)

Fulbright Scholar

07/2016-07/2017

Fulbright-García Robles Scholars Program, San Crisanto, Yucatán Peninsula, Mexico

Conducted community health research in San Crisanto, Mexico, a Maya fishing village of 530 people

Sustained a community-based participatory research (CBPR) project to build a health clinic

Explored how the community members advocated for the much-needed health services

Presented findings at multiple conferences (see below).

LEADERSHIP

Co-Director of a Nonprofit

01/2012-06/2016

Student Clinical Opportunities For Premedical Experience (SCOPE)

Supervised 80+ student medical interpreters and interns at Santa Clara Valley Medical Center ED.

Secured a \$20K Laurel Foundation grant to enhance SCOPE and support student initiatives.

Honored with the Stanford Alumni Award of Excellence, recognizing top 10% of the class for leadership and community impact

Awarded the Newman Civic Fellow Award for exceptional service to underserved communities, 1 student nominated annually by Stanford President John Hennessy.

AWARDS AND RECOGNITIONS

Accomplishment	Awarding Organization	Year
CLINICAL		
Praise Card	Yale New Haven Hospital, Oncology	2023
Chen Hsing Hsu, MD Humanism Award	University of Michigan	2022
ACADEMIC		
Frederick Holland, MD Tuition Scholarship	University of Michigan	2018-22
QuestBridge National College Match Scholar	Stanford University	2012-16
Dell Scholar	Michael and Susan Dell Foundation	2011-16
STAR Student (highest SAT score)	Professional Association of GA Educators	2011

TRI-LINGUAL INTERNIST | H.I.V. SPECIALIST | P.O.C.U.S. EXPERT

Valedictorian	Cross Keys High School (Atlanta, GA)	2011
LEADERSHIP		
Dalai Lama Fellow (Ethical Leadership Assembly)	Dalai Lama Fellows	2017
ChangeMedEd DEI Bright Ideas Showcase Winner	American Medical Association (AMA)	2021
Newman Civic Award	Campus Compact, Stanford University	2016
Stanford Alumni's Award of Excellence	Stanford University	2015
C5YF "Live to Lead" Scholar	C5 Youth Foundation (Georgia)	2011
PUBLIC/COMMUNITY SERVICE		
Telluride Scholarship	Telluride Association, MI Branch	2020-22
Service Scholar Award	Michigan Medicine Alumni	2021
Tylenol Future Care Semifinalist	Tylenol	2021
Truman Scholar Finalist	Stanford University	2015
Stanford in Government Fellow	Stanford Haas Center for Public Service	2015
Community Health Advocacy Fellow	Stanford School of Medicine	2014
RESEARCH		
NIH Short-term Biomedical Research Grant	National Institutes of Health	2021
Capstone For Impact Grant	University of Michigan	2019-21
Learner Well-Being Grant	University of Michigan	2021
Impact Accelerator Grant	University of Michigan	2018
Fulbright Research Scholar	U.S. Department of State	2016
Latinos Unidos Scholar	Stanford University El Centro Chicano	2012
OTHER		
Reese Miller Scholarship for First Gen	Telluride Association	2020-21
Leadership and Enrichment for Academic Diversity	University of Michigan	2018
Spiritual Ecology Fellow	Kalliopeia Foundation	2016
Community Arts Fellow	Stanford Haas Center for Public Service	2014

MEMBERSHIP IN HONORARY/PROFESSIONAL SOCIETIES

American Academy of HIV Medicine	Clinical Specialist	2024 - Present
American College of Physicians	Member	2021 - Present
Center to Advance Palliative Care (CAPC)	Member	2024 - Present
Gold Humanism Honor Society	Co-president (Michigan chapter)	2021 -2022
Phi Rho Sigma Medical Society	Board member	2018 -2020
Fulbright Research Scholars	Principal Investigator	2016 -2017

La Comisión México-Estados Unidos para el
Intercambio Educativo y Cultural (COMEXUS)

Researcher

2016 -2017

PUBLICATIONS AND PRESENTATIONS

Peer Reviewed Journal Articles/Abstracts (Published)

Bishop, R., Tran Plata, V.T., & Jabour, S. (2021, Aug). Who will be the history writers of the COVID-19 pandemic? Journal of General Internal Medicine. Pub Status: Published.

Poster Presentations

Tran Plata, V., Trebelcock, W. (2024, November 2nd). Beyond ASCVD: Reducing Cardiovascular Disease Risk in People with HIV through Transforming the Status Quo of Statin Use. [Abstract accepted]. Society of General Internal Medicine (SGIM) New England Regional Meeting 2024. Brown University/Providence, RI.

Tran Plata, V.T. (2021, September 17). Three decades in the making: What is the long-term impact of a community-based participatory research (CBPR) project on enhancing community capacity? [Poster presented]. Nexus Summit 2021: Working Together in the Nexus. /Minneapolis, MN, USA.

Tran Plata, V.T. (2021, October 20). A case study on a community-based participatory research (CBPR) effort leading to a community health clinic in a Maya coastal town in rural México [Poster presented]. AAFP Global Health Summit/Leawood, KS, USA.

Tran Plata, V.T. (2021, October 21). Echo Healing Environment and Lives (Echo-HEAL): A Global Movement from a Community Health Perspective [Poster presented]. AAFP Global Health Summit/Leawood, KS, USA.

Tran Plata, V.T. (2021, October 22). The Life, the Soul, and Caring for them both [Poster presented]. Patient-Based Scientific Inquiry, University of Michigan School of Medicine/Ann Arbor, MI, USA.

Tran Plata, V.T. (2021, October 23). Teach, Empower, Advocate, and Mentor (TEAM), a medical education initiative focusing on racially, ethnically, and socially underrepresented minority (RES-URM) medical students [Poster presented]. American Medical Association (AMA) 2021 Research Challenge/Chicago, IL, USA.

Tran, V.T. (2016, October 20). "I'm over here, doc:" Assessing the effectiveness of an intervention on the Patient-Provider-Computer interaction [Poster presented]. Symposium for Undergraduate Research and Public Service /Stanford, MI, USA.

Tran, V.T., Vasquez, D., & Mahmoud, N. (2014, March 01). Implementing Patient-Centered Medical Home Immunization Standards in Community Health Centers [Poster presented]. Stanford School of Medicine Community Health Symposium/Stanford, CA, USA.

Oral Presentations

Chen, C., & Tran Plata, V.T. (2021, September 30). DiverseCity, an innovative way to scale access to world-class mentorship [Oral Presentation]. American Medical Association. Bright Ideas Showcase at ChangeMedEd® 2021 (Finalist presentations)/Chicago, IL, USA.

Tran Plata, V.T. (2021, October 21). From "High-potential teen in risk-filled environment" to "Medical doctor" — a journey of resilience and gratitude [Oral Presentation]. 2021 Michigan Pre-College and Youth Outreach Conference/Ann Arbor, MI, USA.

TRI-LINGUAL INTERNIST | H.I.V. SPECIALIST | P.O.C.U.S. EXPERT

Tran Plata, V.T., McKean, E., & O'Connor, C. (2022, January 27). Addressing barriers that racially, ethnically, and socioeconomically underrepresented minority (RES-URM) medical students face [Oral Presentation]. 2022 STFM Conference on Medical Student Education/San Antonio, TX, USA.

Tran, V.T. (2012, September 30). Rius and Las Historietas: Not a Laughing Matter—Comics as a Viable Media and Political Platform for Social Change [Oral Presentation]. Latinos Unidos Scholar/Stanford, CA, USA.

Tran, V.T. (2018, September 27). A gift to pay forward [Oral Presentation]. Honoring the Gift of Knowledge, University of Michigan Medical School Anatomical Donations Memorial Service/Ann Arbor, MI, USA.

Tran, V.T. (2019, September 26). Hidden Anatomy Lessons [Oral Presentation]. Honoring the Gift of Knowledge, University of Michigan Medical School Anatomical Donations Memorial Service/Ann Arbor, MI, USA.

Tran, V.T. (2020, April 30). Reflecting on COVID-19 pandemic: "Empty Hands" What will you hold or offer? [Oral Presentation]. M-Home Medical Arts Program Artists' Guild/Ann Arbor, MI, USA.

Tran, V.T., Castillo-Burguete, T., Dickinson, F., Goldman Rosas, L., & García, G. (2018, April 24). ¿Cómo afecta el proceso de investigación participativa el bienestar y capacidad comunitaria? [Oral Presentation]. San Crisanto y Centro de Investigación y de Estudios Avanzados del Instituto Politécnico Nacional (Cinvestav-IPN) /San Crisanto/Mérida (Yucatán), MEX.

IN THE NEWS

Whitney, K. (2022, August 26). Diversifying medicine One student's award-winning vision for breaking down barriers. Medicine at Michigan, Health Lab. <https://medschool.umich.edu/health-lab/diversifying-medicine>

Murphy, B. (2022, November 29). Boost for 3 big ideas to improve diversity in medical education. AMA. Retrieved January 30, 2024, from <https://www.ama-assn.org/education/medical-school-diversity/boost-3-big-ideas-improve-diversity-medical-education>

Sullivan, K. J. (2016, July 20). <https://news.Stanford.Edu/2016/07/20/living-breathing-public-service-stanford/>. Stanford News. Retrieved January 30, 2024, from <https://news.stanford.edu/2016/07/20/living-breathing-public-service-stanford/>

Hennessy, J. L., & Tran, V. (n.d.). Vy Tran. Campus Compact. Retrieved January 30, 2024, from <https://compact.org/current-programs/newman-civic-fellowship/newman-civic-fellows/vy>

SKILLS

Point of Care Ultrasound: Able to obtain and interpret clinical images in real-time with Sparq, Lumify, and/or Butterfly ultrasound. Proficiency includes, but not limited to cardiac echo, abdominal aorta aneurysm screening, FAST exam, renal, hepato-biliary, DVT, and MSK

Computer: EMR proficiency (EPIC, eClinicalWorks, Elation, NextGen, CPRS, etc.), Clinical Decision Support (e.g., UpToDate, DynaMed), Telehealth Platforms (e.g., Zoom, Doximity), Mass email/document merges, Videoscribe, Graphic for Vector Design and Illustration, DeDoose qualitative data analysis

Other: Community building, Mindfulness, Motivational interview, Health advocacy

References available upon request