

Curriculum Vitae

Date of Revision: December 2023

Name: Samuel T. Wilkinson, MD

School: Yale School of Medicine

Education/Training:

Fellowship Yale School of Medicine, Department of Psychiatry 2017
Residency Yale School of Medicine, Department of Psychiatry 2016
M.D. Johns Hopkins School of Medicine 2012
B.S. Brigham Young University (Mechanical Engineering, *Summa Cum Laude*) 2008

Career/Academic Appointments:

2012-13 Intern, Internal Medicine/Psychiatry, Yale School of Medicine, New Haven, CT
2013-16 Psychiatry Resident/Chief Resident (Interventional Psychiatry), Yale School of Medicine, New Haven, CT
2016-17 Research Fellow, Functional Disability Interventions, Yale School of Medicine, New Haven, CT
2017-2018 Clinician, Yale School of Medicine, New Haven, CT
2018-2023 Assistant Professor, Yale School of Medicine
2023-current Associate Professor

Administrative Positions:

2017-2020 Assistant Director, Yale Depression Research Program
2020-current Associate Director, Yale Depression Research Program

Board Certification/Eligibility

Board Certified, Psychiatry, American Board of Psychiatry & Neurology, 2016

Professional Honors & Recognitions

International/National/Regional

2021: American Foundation for Suicide Prevention, Young Investigator Travel Award
2020: Top 10 Leading Research Achievements, Brain and Behavior Research Foundation
2020: Health Services Research Award, Early Career Scholar, APA
2020: Advanced Research Institute in Mental Health and Aging Scholar Award
2019: New Investigator Award, International Society for CNS Clinical Trials Methodology
2018: Career Development Institute of Psychiatry, Mentoring Award (Deferred until 2019)
2018: Anxiety and Depression Associations of America, Career Development Leadership Program Award
2017: Brain and Behavior Research Foundation (formerly NARSAD), Top Advancements & Breakthroughs for 2017
2017: American Society of Clinical Psychopharmacology, New Investigator Award
2016: American College of Neuropsychopharmacology, Travel Fellowship

- 2016: Society for Biological Psychiatry, Chairman's Choice Award
- 2015: New England Journal of Medicine, Journal Watch, Top 10 Psychiatry Papers for 2015
- 2015: American Society of Clinical Psychopharmacology, Fellowship Travel Award
- 2015: American Psychiatric Association, Junior Investigator Research Colloquium Award
- 2014: American Academy of Addiction Psychiatry, Early Career Psychiatry Research Award
- 2014: American Psychiatric Foundation/Janssen, Resident Research Scholar Fellowship Award
- 2005: Tau Beta Pi Engineering Honor Society (Junior Induction)

University

- 2017: Seymour Lustman Award (2nd place) – Yale Department of Psychiatry
- 2015: Seymour Lustman Award (2nd place) – Yale Department of Psychiatry
- 2014: Thomas Detre Research Award – Yale Department of Psychiatry
- 2012: Samuel Novey Prize in Psychological Medicine – Johns Hopkins School of Medicine
- 2009: William Walker Research Award – Johns Hopkins School of Medicine
- 2008: Graduation with University Honors, Brigham Young University
- 2008: Edwin S. Hinckley Scholar, Brigham Young University,
- 2001/4-7: National Merit Scholar, Brigham Young University
- 2001/4-7: Robert C. Byrd Scholar, Brigham Young University

Current Grants/Funding/Projects:

Active

Agency: Patient Centered Outcomes Research Institute (Funded)
Grant number pending
Title: Comparative effectiveness of racemic ketamine versus S-ketamine (Spravato) for depression
PI: Samuel Wilkinson (contact), MPI: Gerard Sanacora
Project period: 03/01/2024-11/30/2029
Total costs for project period: \$12,684,406 (of which \$2,753,814 are indirect costs)

Agency: National Institute of Mental Health
R01MH131528
Title: Examining Intensive Outpatient Programs as a Potential Mechanism to Reduce Suicide Risk During the Post-Hospitalization Period Among Medicaid Recipients
PI: Samuel Wilkinson, contact (MPI: Greg Rhee)
Project period: 09/11/2023-07/31/2028
Total costs for project period: \$2,997,218 (of which \$1,001,391 are indirect costs)

Agency: National Institute of Mental Health
R01MH125205
Title: A feasibility trial of esketamine plus cognitive behavioral therapy for patients with major depressive disorder who are hospitalized for suicidal ideation
PI: Samuel Wilkinson
Project period: 9/15/2020-8/31/2024
Total costs for project period: \$2,434,699 (of which \$765,758 are indirect costs)

Agency: National Institute of Mental Health
R01MH125205-02S1
Title: A feasibility trial of esketamine plus cognitive behavioral therapy for patients with major depressive disorder who are hospitalized for suicidal ideation
PI: Samuel Wilkinson
Project period: 3/15/2022-8/31/2024
Total costs for project period: \$824,725 (of which \$223,001 are indirect costs)

Agency: National Institute of Mental Health
R42MH123357
Title: An Efficacy Trial of a Digital Therapeutic for Suicide Prevention
PI: Patricia Simon, Seth Feuerstein
Role: Co-investigator
Project Period: July 23, 2020 – July 31, 2024
Total costs for project period (Yale site only): \$407,840 (of which \$94,240 are indirect costs)

Agency: National Institute of Drug Abuse
R21DA057540
Role: MPI (contact PI Rajiv Radhakrishnan)
Title: Impact of cannabis legalization on prescription drug use and health outcomes in Connecticut
Project Period: April 1, 2023 – March 31, 2025
Total costs for project period: \$475,440 (of which \$210,236 are indirect costs)

Agency: National Institute of Aging
R01AG080647
Role: Co-investigator (PI Rhee)
Title: Longitudinal Associations of Electroconvulsive Therapy with Neuropsychiatric Symptoms, Geriatric Syndromes, and Nursing Home Admission and Mortality Rates among Community-dwelling Adults with Dementia
Project Period: 07/01/2023 – 06/30/2028
Total costs for project period (Yale subaward): \$244,519 (of which \$98,537 are indirect costs)

Grants Pending

Agency: National Institute of Mental Health
K24MH130587
Title: Patient-Oriented Research, Mentorship, and Training in Interventional Psychiatry Approaches to the Treatment of Individuals with Mood Disorders and Suicidal Ideation
PI: Samuel Wilkinson
Project period: 04/01/2024 – 03/31/2029
Total costs for project period: \$1,016,709 (of which \$75,312 are indirect costs)

Past Grants/Funding/Projects:

Agency: Patient Centered Outcomes Research Institute (PCORI)
NCT03113968
Overall PI: A Anand (Cleveland Clinic)
Yale Site PI: G Sanacora
Role: Co-investigator
Title: Electroconvulsive Therapy versus Ketamine for Severe Resistant Depression
Project period: April 2017 – September 2022
Total costs for project period (all sites): \$1,071,646 (of which \$306,184 are indirect costs)

Agency: National Institute of Mental Health
R21MH117438-02S1
Title: Association of electroconvulsive therapy with health outcomes in older adults with co-occurring depression and dementia
PI: Samuel Wilkinson
Project period: 6/30/2020-1/31/2022
Total costs for project period: \$211,986 (of which \$85,427 are indirect costs)

Agency: National Institute of Mental Health
R21MH117438-01A1
Title: Effects of electroconvulsive therapy on suicide in geriatric patients with major depressive disorder: a nationwide cohort study using propensity score matching and instrumental variable analysis
PI: Samuel Wilkinson
Project period: 3/5/2019-1/31/2022
Total costs for project period: \$325,760 (of which \$50,760 are indirect costs)

Agency: National Institute of Mental Health
R43MH123357
A Digital Therapeutic to Advance the Delivery of Effective Interventions for Suicide Prevention
PI: Seth Feuerstein
Role: Co-investigator
Project period: July 23, 2020 – July 22, 2021
Total costs for project period (Yale site only): \$130,605 (of which \$30,180 are indirect costs)

Agency: Sage Therapeutics
Title: A Phase 3, open-label, 1-year study of the safety, tolerability, and need for re-treatment with SAGE-217 in adult subjects with major depressive disorder
Site PI: Samuel Wilkinson
Project period: 3/20/2019 – 2/4/2022
Total costs for project period (Yale site only): \$72,654 (of which \$21,796 are indirect costs)

Agency: Janssen Research & Development, LLC

ID: ESKETINTRD3008

Title: An Open-Label Long-Term Extension Safety Study of Intranasal Esketamine in Treatment-Resistant Depression

Site PI: G Sanacora, MD, PhD

Role on project: co-investigator

Project period: 7/15/17-6/30/2021

Agency: NIH (NIMH)

Contract #: HHSN271201200006I (FAST-MAS)

Title: A Phase 2A Study to Evaluate the Kappa Opioid Receptor as a Target for the Treatment of Mood and Anxiety Spectrum Disorders by Evaluating Whether LY2456302 Engages Key Neural Circuitry Related to the Hedonic Response Trial

Overall PI: A. Krystal, Site PI: G. Sanacora

Role on Project: Study physician

Project period: 8/29/13-4/15/17

Total costs for project period (Yale site only): \$267,136

Agency: Patterson Trust Mentored Clinical Research Awards

NCT03027362

Title: Cognitive behavioral therapy to sustain the antidepressant effects of intravenous ketamine for treatment-resistant depression: a randomized controlled trial

PI: Samuel Wilkinson

Percent effort: 1%

Project period: 1/15/2017-1/15/2019

Total costs for project period: \$89,650

Agency: Brain and Behavioral Research Foundation (formerly NARSAD)

NCT03027362

Title: Cognitive behavioral therapy to sustain the antidepressant effects of intravenous ketamine for treatment-resistant depression: a randomized controlled trial

PI: Samuel Wilkinson

Percent effort: 10%

Project period: 1/15/2017-1/15/2019

Total costs for project period: \$70,000

Agency: American Foundation for Suicide Prevention

Title: Effect of electroconvulsive therapy on suicide attempts in geriatrics patients with depression

PI: Samuel Wilkinson

Percent effort: 10%

Project period: 10/1/2018-9/31/2020

Total costs for project period: \$84,706

Agency: Janssen Research & Development, LLC

Title: Assessing cognitive outcomes among patients treated with ketamine

PI: Samuel Wilkinson (investigator-initiated study)

Project period: 11/26/2019 – 11/25/2020

Total costs for project period: \$34,580 (of which \$13,935 are indirect costs)

Agency: Agency for Healthcare Quality and Research

K12HS023000

Title: Identifying factors associated with quality of care in the treatment of major depressive disorder

PI: Harlan Krumholz (overall PI), Samuel Wilkinson (project PI)

Percent effort: 47%

Project period: 2/1/2018-1/31/2020

Agency: Janssen Research & Development, LLC

ID: ESKETINSUI3001

Title: A study of the efficacy and safety of intranasal esketamine in the rapid reduction of symptoms of major depressive disorder, in adults at imminent risk for suicide

PI (Site): G Sanacora, MD, PhD

Role on project: co-investigator

Percent effort: 1%

Dates: 7/1/17-3/31/19

Agency: Janssen Research & Development, LLC

ID: ESKETINTRD3004

Title: An open-label controlled trial to evaluate the long-term efficacy and safety of intranasal esketamine for the treatment of major depressive disorder

PI: G Sanacora, MD, PhD

Role on project: co-investigator

Project period: 3/18/16 – 8/1/17

Agency: NIH/NIMH

ID#: 5R25 MH07158408 (training grant for research in residency to cover salary support)

P.I.: Robert Malison, MD

Mentor: Gerard Sanacora, MD, PhD

Role on project: trainee

Project period: 8/1/2004-5/31/2018

Agency: NIH/NIMH

ID#: T32MH062994 (training grant for research in residency to cover salary support)

P.I.: Morris Bell, PhD

Mentor: Gerard Sanacora, MD, PhD

Role on project: trainee

Project period: 4/1/2001 – 6/30/2017

Agency: Janssen Research & Development, LLC

ID: ESKETINSUI2001

Title: A double-blind, randomized, placebo controlled study to evaluate the efficacy and safety of intranasal esketamine for the rapid reduction of the symptoms of major

depressive disorder, including suicidal ideation, in subjects assessed to be at imminent risk for suicide

PI: G Sanacora, MD, PhD

Role on project: co-investigator

Project period: 6/18/14-5/12/16

Agency: Thomas Detre Legacy Fund (Non-profit)

NCT02289248

Title: "Cognitive behavioral therapy in prolonging the antidepressant effects of intravenous ketamine"

P.I.: Samuel Wilkinson, MD

Mentors: Gerard Sanacora, MD PhD; Philip Corlett, PhD

Project period: 7/1/2014 – 6/30/2016

Total costs for project period: \$30,000

Agency: American Psychiatric Foundation (non-profit)

Resident Psychiatric Research Scholar Fellowship

NCT02176473

P.I.: Samuel Wilkinson, MD

Mentor: Gerard Sanacora, MD, PhD

Title: "Computerized cognitive behavioral therapy in prolonging the antidepressant effects of electroconvulsive therapy"

Project period: 7/1/2014-6/30/2015

Total costs for project period: \$2,500

Agency: NIH (NIMH)

Contract #: HHSN271201100006I

Title: Rapidly-Acting Treatments for Treatment-Resistant Depression (RAPID), Low-Field Magnetic Stimulation

Overall PI: M. Fava, Site PI: G. Sanacora

Role on Project: Study physician

Project period: 3/21/12-4/11/16

Agency: NIH (NIMH)

Contract #: HHSN271201100006I

Title: Rapidly-Acting Treatments for Treatment-Resistant Depression (RAPID), Double-Blind Placebo-Controlled Proof of Concept (POC) Trial of Ketamine Therapy in Treatment-Resistant Depression (TRD)

Overall PI: M. Fava, Site PI: G. Sanacora

Role on Project: Study physician

Project period: 9/12/13-3/11/16

Invited Speaking Engagements, Presentations & Workshops Not Affiliated With Yale

2023 Electroconvulsive therapy: Effects on Suicide and All-Cause Mortality, symposium at American College of Neuropsychopharmacology Annual Meeting, Tampa, Florida, December 4

- 2023 Emerging Therapeutics in Mood Disorders: Ketamine and Beyond, lecture to Kaiser Permanente Staff/Physicians, September 1 (zoom)
- 2023 How to Make Progress in Suicide Prevention: Designing and Conducting Clinical Trials among High-Risk Patients, Chair of Symposium at American Society of Psychopharmacology Annual Meeting, Miami, Florida, May 30
- 2023 Electroconvulsive therapy: Opportunities and Challenges, Somatic Treatment Community of Practice, Nationwide VA Seminar (zoom), April 12
- 2023 Update on the Treatment Pipeline for Mood Disorders, Computational and Molecular Psychiatry Seminar, University of Iowa (Zoom), April 7
- 2023 From Real World Data to Real World Evidence – Implementation of Regulatory Guidance in Drug Development, Discussant, International Society of CNS Clinical Trials Methodology Annual Meeting, Washington, D.C., February 15
- 2023 Emerging Therapies for Depressive Disorders, University of Texas Health Houston, McGovern Medical School Department of Psychiatry, January 9
- 2022 Emerging Therapies for Depressive Disorders, University of Utah Department of Psychiatry, December 8
- 2022 Cannabis: Effects on Mental Health, Intermountain Healthcare Conference, Salt Lake City (Virtual Presentation), October 27
- 2022 Emerging Therapies for Depressive Disorders, National Alliance of Mental Illness, Connecticut Chapter Annual Conference, October 21
- 2022 Ketamine and CBT: Combining plasticity-enhancing treatments with cognitive and behavioral therapies to improve longer-term outcomes, University of Pittsburgh Clinical Application of Neuroscience Lab (PI Price), August 24
- 2022 Ketamine and Psychotherapy, American Society of Ketamine Physician Annual Conference, Austin, Texas, June 10
- 2022 Launching a Clinical Research Career and Transitioning to Independence, Advanced Research Institute Grand Rounds, April 19 (zoom)
- 2022 Interventional Psychiatry: Challenges and Opportunities, Grand Rounds, Baylor College of Medicine, March 16
- 2022 Interventional Psychiatry: Opportunities and Challenges, Grand Rounds, University of Alabama-Birmingham, March 15

- 2022 Regulatory Approval and Implementation of Psychoactive Therapies for Psychiatric Disease: Recent Lessons, lecture for Mood and Anxiety Disorder Center, Mt. Sinai School of Medicine, February 11
- 2021 Ketamine, Esketamine, and Emerging Therapies for Mood Disorders, Grand Rounds at State University of New York, Downstate, November 3
- 2021 Effects of Electroconvulsive Therapy (ECT) on All-Cause Mortality and Suicide in Older Adults, Grand Rounds, Advanced Research Institute (virtual)
- 2020 “Advances in Rapid-acting Antidepressants,” Grand Rounds, Western Virginia Psychiatric Hospital, Staunton, Virginia (virtual)
- 2020 “Rapid-acting Antidepressants: From Clinical Trials to Community Practice,” Grand Rounds, Lincoln Hospital, New York City (Bronx) (virtual)
- 2020 “Management of Depression in Primary Care,” University of Kentucky, presentation to Internal/Family Medicine Residents (virtual)
- 2019 “Emerging pipeline of treatments for depression,” oral presentation at Psychiatric Pharmacotherapy Update, University of Texas-Austin.
- 2019 “Ketamine and other emerging treatments for depression,” grand rounds presentation at University of South Alabama College of Medicine, Department of Psychiatry
- 2018 “Emerging Treatments in Depression,” grand rounds presentation at Lincoln Hospital, New York, Department of Psychiatry
- 2018 “Beyond Ketamine: Emerging Treatments in Mood Disorders,” presentation at the American Society of Ketamine Physicians, Austin, TX
- 2018 “Cognitive behavioral therapy may sustain the antidepressant effects of intravenous ketamine in treatment-resistant depression,” oral presentation at the Oxford Ketamine Conference, Oxford, England
- 2017 “Effect of ketamine on suicidal ideation,” oral presentation to the Mood and Anxiety Disorder Program at the Icahn School of Medicine at Mt. Sinai, New York

Peer Reviewed Conference Presentations Given at Meetings Not Affiliated With Yale:

Speaking Engagements, Presentations, Symposia & Workshops Not Affiliated With Yale:
National/International

- 2023 How to Make Progress in Suicide Prevention: Designing and Conducting Clinical Trials among High Risk Patients, Symposium Chair and Presenter, American Society of Clinical Psychopharmacology, Annual Meeting, Miami, May 30

- 2022 Cognitive behavioral therapy to sustain the antidepressant effect of ketamine in treatment-resistant depression, American Society of Clinical Psychopharmacology, Annual Meeting, Scottsdale, Arizona, June 1
- 2021 Association of Electroconvulsive Therapy with Risks of All-Cause Mortality and Suicide in Older Medicare Patients, oral presentation at IASR / AFSP International Summit on Suicide Research
- 2021 Overcoming Barriers to the Implementation of Novel Treatments for Mood Disorders, Symposium at the Annual Conference of the American Society of Clinical Psychopharmacology (Chair)
- 2021 Innovative Treatment Strategies for Treatment Resistant Major Depressive Disorder, Bipolar Disorder and Schizophrenia, Symposium at the Annual Conference of the American Society of Clinical Psychopharmacology (Presenter)
- 2021 Barriers to Electroconvulsive Therapy in the United States, symposium panelist, International Society of ECT and Neurostimulation Annual Conference (virtual)
- 2021 Brain Stimulation and Ketamine, symposium chair, International Society of ECT and Neurostimulation Annual Conference (virtual)
- 2021 Prolonging the effect of ketamine with cognitive behavioral therapy, invited talk at Oxford University Ketamine and Related Compounds International Conference (virtual)
- 2021 Ketamine Treatment in Real World, Clinical Settings. Symposium, Anxiety and Depression Association of America, Annual Meeting (virtual), symposium with Cristina Cusin and Brittany O'Brien
- 2021 Combining CBT and Interventional Psychiatry: Opportunities in Treatment Resistant Depression, Round Table discussion, Anxiety and Depression Association of America, Annual Meeting (virtual), with Rachel Hershenberg, Rude De Raedt, Sabine Schmid, Joseph De Leo, and Rebecca Price
- 2021 APA Annual Meeting, "Provisions for Monitoring Health Outcomes in State Medical Marijuana Laws in the US," poster presentation (co-author with Gagandeep Bhatia), virtual meeting.
- 2020 "Effects of psychotropic medications on suicidal ideation and suicide risk," Fall Update, American Society of Clinical Psychopharmacology (virtual)
- 2019 "Clinical translation of rapid-acting antidepressants," Symposium Chair at World Congress of Biological Psychiatry, Vancouver, Canada.

- 2019 “Emerging treatment for depression: ketamine and beyond,” oral presentation at Anxiety and Depression Association of America Annual Meeting, Chicago.
- 2019 “Strategies to Maintain the Antidepressant Effects of Ketamine: Cognitive Behavioral Therapy and Repeated Dosing,” symposium presentation at Anxiety and Depression Association of America Annual Meeting, Chicago.
- 2019 US Psych Congress Annual Meeting, “Efficacy Rates of Esketamine Nasal Spray Plus an Oral Antidepressant Among Patients Without an Early Response to Treatment,” poster presentation (co-author), San Diego.
- 2019 Society of Biological Psychiatry Annual Meeting, “Expectancy and Ketamine’s Rapid Antidepressant effect: A Meta-Analysis,” poster presentation (co-author), Chicago.
- 2018 “Comparing and contrasting the data on the rapid anti-suicidal effects of ketamine and ECT,” presentation at American Society of Clinical Psychopharmacology, Miami, FL
- 2018 “Leveraging neuroplasticity to sustain the antidepressant effects of intravenous ketamine through cognitive behavioral therapy,” presentation at Career Development Leadership Program, Anxiety and Depression Association of American, Washington, D.C.
- 2018 American College of Neuropsychopharmacology Annual Meeting, Miami, “Examining factors leading to the underutilization of electroconvulsive therapy in the United States.”
- 2017 “The off-label use of ketamine for the treatment of psychiatric disorders,” oral presentation at American Society of Clinical Psychopharmacology, Miami, FL
- 2017 “Cognitive behavioral therapy may sustain the antidepressant effects of intravenous ketamine in treatment-resistant depression,” presentation at University of Texas, Southwestern, Center for Depression Research and Clinical Care, Dallas, TX
- 2016 “GRADEing evidence in psychiatry: the case of medical marijuana for psychiatric indications,” workshop presentation at American Psychiatric Association annual meeting, Atlanta, GA (co-presenters D. Cyril D’Souza and Rajiv Radhakrishnan)
- 2014 “Attitudes towards Marijuana and Its Legalization in a Population of Substance Abusing Patients,” oral presentation at American Academy of Addiction Psychiatry annual meeting, Aventura, FL.
- 2014 “Marijuana Use in PTSD,” oral presentation at American Academy of Addiction Psychiatry annual meeting, Aventura, FL, December 2014
- 2014 American Psychiatric Association Annual Meeting, New York, “Repetitive and compulsive behaviors in a cohort of 63 Down syndrome subjects.”

Regional

- 2019 “Suicide risk assessment in primary care settings,” resident lecture, Bridgeport Hospital, Bridgeport, CT
- 2018 “Emerging treatments in the therapeutic pipeline for mood disorders,” lecture for internists, Lawrence and Memorial Hospital, New London, CT
- 2018 “New developments in our understanding of the pathophysiology and treatment of mood disorders,” resident lecture, Bridgeport Hospital, Bridgeport, CT
- 2018 “Management of Depression in Primary Care,” resident lecture, Greenwich Hospital, Greenwich, CT
- 2018 “Management of Depression in Primary Care with an Emphasis on Suicide Risk Assessment,” resident lecture, Waterbury Hospital, Waterbury, CT
- 2017 “Assessment and Management of Treatment-Resistant Depression”, grand rounds presentation at Bridgeport Hospital, Yale New Haven Health, Bridgeport, CT.
- 2017 “Management of Mood disorders,” grand rounds, St. Mary’s Hospital, Waterbury, CT
- 2017 “Management of Depression in Primary Care,” grand rounds, Waterbury Hospital, Waterbury, CT
- 2017 “Treatment Resistant Depression,” grand rounds, Norwalk Hospital, Norwalk, CT
- 2014 “Substance Use Disorders in Medical Practice,” presentation at American Society of Addiction Medicine, Connecticut State Medical Society Educational Competition, (co-presenter with Rajiv Radhakrishnan).

Professional/Journal Service:

Peer Review Groups/Grant Sections:

Fondazione Cariplo Grant Reviewer (Ad Hoc)

PCORI Foundation Reviewer (Ad Hoc)

PCORI Merit Reviewer (Ad Hoc)

Editorial Board

PLoS One (2018-current)

Journal of Clinical Psychiatry (2022-current)

Ad hoc reviewer

Acta Psychiatrica Scandinavica; American Journal of Preventive Medicine; American Journal of Psychiatry; Annals of Medicine; Biological Psychiatry; Bipolar Disorders; British Journal of Psychiatry; International Journal of Neuropsychopharmacology; JAMA; JAMA Pediatrics; JAMA Psychiatry; Journal of Affective Disorders; Journal of Clinical Psychiatry; Journal of

Clinical Psychopharmacology; Journal of Chronic Stress; Lancet Psychiatry; Neuropsychopharmacology; New England Journal of Medicine, the Medical Letter; Progress in Neuropsychopharmacology & Biological Psychiatry; Psychiatric Research; Psychology of Addictive Behaviors; Psychopharmacology; Translational Psychiatry

Guest Editor

American Journal of Psychiatry, Residents' Journal, March 2015

Professional Service/Membership for Professional Organizations:

2023-current Associate Member, American College of Neuropsychopharmacology
2015-current Member, American Society of Clinical Psychopharmacology (formerly NCDEU),
Member of Steering Committee – Early Career Committee
2015-current Member, Anxiety and Depression Association of America,
2014 Member, American Society of Addiction Medicine
2012/4-5 Member, American Psychiatric Association,
2005-8 Chapter President/Activities Coordinator, Tau Beta Pi Engineering Honor Society

Community/Other Service

2008-2012 Boy Scout Mentor/Assistant to Bishop, Church of Jesus Christ of Latter-Day
Saints, Baltimore, Maryland
2012-current Bishop/Executive Secretary/High Councilor, Church of Jesus Christ of Latter-day
Saints, Woodbridge, Connecticut
2011-2012 Student Preceptor Program, taught clinical skills to 1st year medical students
2008-10 Incentive Mentoring Program, served as student mentor to disadvantaged
adolescents
2006-7 Spanish Translation Assistant, Mountainlands Community Health Center, Utah

Yale University Service

2013-2015 Resident Journal Club Leader, Yale School of Medicine

Public Service

2024- Monthly column in *Psychology Today*
2019 Invited participant for the United States House of Representatives Committee on
Veterans' Affairs roundtable discussion on H.R. 172, VA Medicinal Cannabis Research
Act of 2019
2019 "Addressing Systemic Issues in The Care Of Depression: Reflections On Ashley
Clayton's 'Narrative Matters' Essay," blog post. *Health Affairs Blog*, May 1, 2019. DOI:
10.1377/hblog20190429.716582.
2014 "The marijuana industry is following the trail blazed by big tobacco," Op-Ed. *The
Washington Post*, December 5, 2014 (print edition Dec 7, 2014).
2014 "Smoking out the meaning in Colorado's marijuana law," Letter to the Editor. *The
Washington Post*, January 15, 2014
2014 "Medical Downsides of Rocky Mountain High." Interview on OpinionJournal on *Wall
Street Journal Live*, January 3, 2014: <http://live.wsj.com/video/opinion-medical-downsides-of-rocky-mountain-highs/6662DA1E-49B7-42A2-837A-18D0679A9C14.html#!6662DA1E-49B7-42A2-837A-18D0679A9C14>.

2013 “Pot-Smoking and the Schizophrenia Connection,” Op-Ed. *Wall Street Journal*. July 2, 2013, page A13.

Bibliography:

Peer-Reviewed Original Research (* denotes first or senior author)

1. **Wilkinson ST***, Stefanovich E, Rosenheck R. Marijuana use is associated with worse outcomes in symptom severity and violent behavior in patients with PTSD. *J Clin Psychiatry*, 2015, 76(9);1174-1180.
2. **Wilkinson ST***, Van Schalkwyk GI, Davidson L, D’Souza DC. The formation of risk perception in a population of substance abusing veterans. *Psychiatr Q*, 2016;87(1):177-87.
3. **Wilkinson ST***, Ostroff RB, Sanacora G. Computer-assisted cognitive behavior therapy to prevent relapse following electroconvulsive therapy. *J ECT*, 2017;33(1):52-57.
4. **Wilkinson ST***, Sanacora G, Bloch MH. Hippocampal volume changes following electroconvulsive therapy: a systematic review and meta-analysis. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, 2017 May;2(4):327-335.
5. **Wilkinson ST***, Rosenheck RA. Electroconvulsive therapy at a Veterans Health Administration Medical Center. *J ECT*, 2017 Dec;33(4):249-252.
6. **Wilkinson ST***, Wright D, Fasula MK, Fenton L, Griep M, Ostroff RB, Sanacora G. Cognitive behavioral therapy may sustain antidepressant effects of intravenous ketamine in treatment-resistant depression. *Psychother Psychosom*, 2017;86(3):162-7.
7. **Wilkinson ST***, Toprak M, Turner MS, Levine SP, Katz RB, Sanacora G. A Survey of the Clinical, Off-Label Use of Ketamine as a Treatment for Psychiatric Disorders. *Am J Psychiatry*, 2017;174(6):695-6.
8. **Wilkinson ST***, Ballard ED, Bloch MH, Mathew SJ, Murrrough JW, Feder A, Sos P, Wang G, Zarate CA, Sanacora G. The effect of a single-dose of intravenous ketamine on suicidal ideation: a systematic review and individual participant data meta-analysis. *Am J Psychiatry*, 2018 Feb 1;175(2):150-158.
9. Van Schalkwyk GI, **Wilkinson ST**, Davidson L, Silverman WK, Sanacora G. Acute psychoactive effects of intravenous ketamine during treatment of mood disorders: analysis of the Clinician Administered Dissociative State Scale. *J Affect Dis*, 2018 Feb;227:11-16.
10. **Wilkinson ST***, Agbese E, Leslie DL, Rosenheck RA. Who receives electroconvulsive therapy? Data from privately insured Americans. *Psychiatr Serv*, 2018 May 1;69(5):542-548.
11. **Wilkinson ST***, Katz RB, Toprak M, Webler R, Ostroff RB, Sanacora G. Acute and longer-term outcomes using ketamine as a clinical treatment at the Yale Psychiatric Hospital. *J Clin Psychiatry*, 2018 Jul 24;79(4).
12. **Wilkinson ST***, Kiselycznyk C, Banasr M, Webler RD, Haile C, Mathew SJ. Serum and plasma brain-derived neurotrophic factor and response in a randomized controlled trial of riluzole for treatment resistant depression. *J Affect Dis*, 2018 Dec 1;241:514-518.
13. Fava M, Freeman MP, Flynn M, Judge H, Hoepfner BB, Cusin C, Ionescu DF, Mathew SJ, Chang LC, Iosifescu DV, Murrrough JW, Debattista C, Schatzberg AF, Trivedi MH,

- Jha M, Sanacora G, **Wilkinson ST**, Papakostas GI. Double-Blind, Placebo-Controlled, Dose-Ranging Trial of Intravenous Ketamine as Adjunctive Therapy in Treatment-Resistant Depression (TRD). *Mol Psychiatry*, 2018 Oct 3. [Epub ahead of print]
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